WHAT MATTERS
MINISTRIES AND MISSIONS

www.WhatMattersMM.org

Team Manual

Casa Angelina

TURNING ORPHANS INTO ROYALTY

2019 TRIP DATES

January

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2
3	4	5	6	7	8	9

February

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	1	2
3	4	5	6	7	8	9

March

Sun	Mon	Tue	Wed	Thu	Fri	Sat
24	25	26	27	28	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

April

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4
5	6	7	8	9	10	11

May

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1
2	3	4	5	6	7	8

June

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	1	2	3	4	5	6

July

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3
4	5	6	7	8	9	10

August

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
1	2	3	4	5	6	7

September

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5
6	7	8	9	10	11	12

October

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2
3	4	5	6	7	8	9

November

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
1	2	3	4	5	6	7

December

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4
5	6	7	8	9	10	11

Religion that God our Father accepts as pure and faultless is this: to look after orphans and widows in their distress and to keep oneself from being polluted by the world.
James 1:27 NIV

Welcome

Casa Angelina was founded in 2003 by Ivan and Kimberly Tait. Today they, along with the directors of What Matters Ministries and Missions, continually strive to make it a place where hope and love transform.

The vision of Casa Angelina is found in James 1:27—to rescue orphans and to care for the widow. . Casa Angelina is a higher education orphanage where we educate the children in three ways: scholastically, socially, and spiritually. On the property, you will find homes, caretakers, and children living in a family environment. We also have a school, feeding center, aquaponics system, state-of-the-art soccer field, and medical clinic on site.

The directors of What Matters Ministries and Missions are:

Ivan and Kimberly Tait

Andrew and Bethany Frazer

JOIN US IN GUATEMALA FOR A WEEK YOU'LL NEVER FORGET

Our teams usually consist of:

- Volunteers and Church Groups (ages 10 and up)*
- Medical Teams
- Skilled Laborers and Tradesmen

Getting to Know Guatemala

WEATHER: Highs are around 75 degrees; lows around 52 degrees. There is a high chance of showers during the rainy season (May-October).

TIME: Central Standard Time

CURRENCY: 1 US dollar = 7.6 quetzales

ALTITUDE: Casa Angelina sits in the mountains outside Chimaltenango at over 7,000 ft. elevation. Some people experience shortness of breath, feel dizzy due to lower oxygen concentration, and get sunburns much quicker. It is best to take it a little slower the first day and keep yourself hydrated.

DRESS: Guatemalan history was heavily influenced by Catholicism. The culture expects modest and respectful attire. Short shorts, thin spaghetti straps, provocative clothing, shirts with inappropriate logos or slogans, and going shirtless are not permitted. Please plan to dress for spring outdoor work: jeans/shorts, work boots or closed-toe shoes, light jacket, work gloves, and a hat. Sweaters are sometimes needed.

AT CASA ANGELINA: Water, tea, and coffee are freely available during your workday. Our gift shop also sells shirts, packaged coffee, and snacks. The shop accepts both dollars and quetzales. Should there be any need for medical attention during your trip, our on-site Mercy Clinic will be open each day. NOTE: Our medical staff are extremely busy caring for other children and villagers throughout the week, so only injuries sustained during the workweek at Casa Angelina will be looked at. We do not sell medication to bring back to the United States, but medication needed for emergencies is available for purchase during team week.

*TEAM MEMBER HEALTH STANDARDS

We kindly ask all team members meet the following health standards in order to serve at Casa Angelina:

- Be able to move and walk independent of others. Casa Angelina is situated on a mountainside at 7000 feet. The terrain and altitude can be difficult for travelers.
- Have no major surgeries in close proximity to your planned trip (three months before or after).
- Notify the Casa Angelina directors of all allergies on orientation day (especially food or bee sting allergies).
- If you are on medication, please bring enough to last the entire trip. Our medical staff can give you a 1-2 day supply in case of an emergency, but they cannot legally give you a full prescription.
- Only injuries and illnesses sustained during the workweek at Casa Angelina will be looked at by our clinic staff. We cannot provide free consultations for team members regarding pre-existing conditions.
- If you are on medication or antibiotics for any contagious illness, or if you have been recently sick, you may not come to the orphanage (i.e., a cold, the flu, chicken pox, mono). Due to malnutrition, the kids' immune systems are not the same as Americans' and are much more susceptible to illnesses.

Planning Your Trip to Casa Angelina

☐ 4-6 MONTHS OUT: DATES

Select which team trip you would like to attend (see list of dates on page 2). Contact our US office to notify us of your interest.

☐ 3 MONTHS OUT: FLIGHTS, TEAM LIST, AND SKILL SET

Book your team members' flights into Guatemala City (GUA). Teams should arrive on the Saturday (or Friday if necessary) before the workweek and leave on the Saturday following the workweek between the hours of 10am - 5pm. If your flights arrive or depart on a day other than Saturday or Friday, or outside of the given timeframe, you can either contact our office about arranging a hotel stay at The Barceló located near the airport, or you can arrange alternative transportation. We recommend the following transportation options:

- Alejandro Bin: binalejandro77@gmail.com / 011-502-4110-1785 / 011-502-7873-9352
- Traveltenango (Josue & Bindy): traveltenango@gmail.com / 011-502-4041-4145

After your flights have been booked, please email your itinerary to our Team Coordinator. Also include a list of team members and their skill sets (carpentry, landscaping, electrical work, etc.). Please inform us of the ages of any children under 18.

☐ 2-3 MONTHS OUT: HOTEL

Notify our Team Coordinator of which hotel you would like to stay at (see page 5). Include a detailed rooming list: the type of room (single, double, triple, etc.), how many of each you will need, and the names of the individuals staying in each room. We will make your reservation for you to ensure the special rate. Note: A credit card may be required in order to hold the rooms.

☐ 4 WEEKS OUT: TEAM FEES

Team administration fees ($200/person) are due to our US office. This fee covers airport pick-up/drop-off, transportation to/from Casa Angelina every day, lunches during the workweek, and essential toiletries and cleaning supplies needed for the team week. Please mail or call in your team payment or submit online at http://whatmattersmm.org/go.

☐ 3 WEEKS OUT: RELEASE FORMS

NOTE: All travelers must read through and agree to comply with the Team Member Health Standards prior to filling out the release form All release forms are due in to our US office. We prefer team members submit them online at http://whatmattersmm.org/go, but you may also send copies via email, mail, or fax.

☐ 1-2 WEEKS OUT: Our Team Coordinator will email a general list of the projects your team will be working on while at Casa Angelina. This email will also include current needs at the orphanage (e.g., supplies, clothes) in case your team is interested in bringing down donations.

Our Widow Project

We fully support the households of 31 widows who live within a 15-mile radius of Casa Angelina. These precious women range in age from ages 50 to 96. Usually they are in charge of the care of many children, grandchildren, and other family members, yet they barely have any means to provide for their own very basic needs. We find them in deplorable conditions with homes constructed of cornstalks, beds made of trash, and only small cooking areas on the floor. Their health is also extremely poor, and they often have a small area of land in which to grow crops to eat, sell, or trade. The harsh weather conditions during the rainy season in Guatemala can find them close to starvation or worse. When their households become part of our Widow Project, many things dramatically change in their lives.

We begin by taking them food each month. On a weekly basis we take them clean, purified water. Our staff also transports them to the medical clinic at Casa Angelina where they and their entire immediate family receive a complete physical from our doctors. Under the care of our medical staff, their health issues are addressed and a medical treatment plan is initiated. Our team, including teenagers from the orphanage, visit the widows each week in their homes. During these visits, the teens do chores for them that consist of cleaning, cooking, and washing. We have built new homes that are made of cinder block and have metal roofs. Each home is furnished with beautiful cooking stoves that also serve as heaters. When additional donations are given, we buy them food, shoes, clothing, radios, as well as fund further improvements.

$7,500 Builds a Widow's Home

If you are interested in sponsoring and building a home for a widow, please communicate with our team coordinator at least 8 weeks prior to your trip. We'll purchase the supplies and have the foundation poured by the time your team arrives to raise the walls! This price also includes furniture, dishes, and bedding for the home!

Hotel Options

All teams stay in the beautiful city of Antigua about 1 hour drive from Casa Angelina.

Please remember to confirm your trip at least 2 MONTHS before coming so that our office can make your hotel reservations.

Hotel Casa de las Fuentes

www.hotelcasadelasfuentes.com

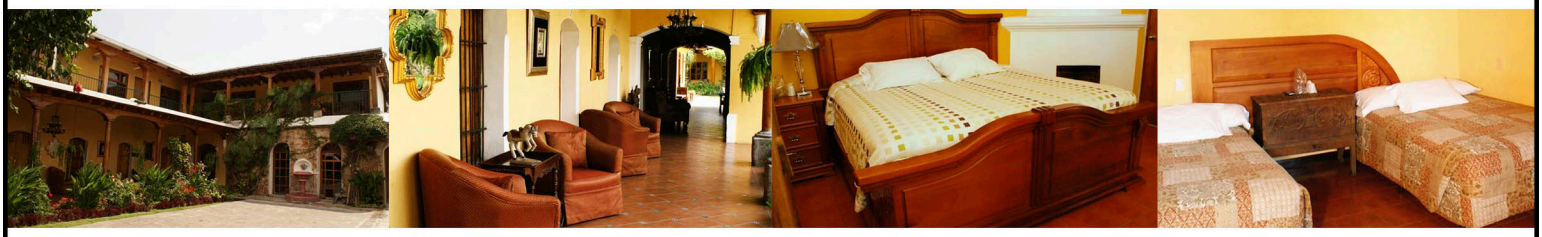
SINGLES: $41 US per room/night

DOUBLES: $47 US per room/night (cost can be split between 2 people)

TRIPLES: $66 US per room/night (cost can be split between 3 people)

QUADRUPLES: $84 US per room/night (cost can be split between 4 people)

*All rates include breakfast and tax. Lunch and/or dinner can be provided at an additional $10/person/meal.



Hotel Soleil Antigua

www.hotelessoleilguatemala.com

SINGLES: $80 US + 22% tax per night

DOUBLES: $90 US + 22% tax per room/night (cost can be split between 2 people)

TRIPLES: $115 US + 22% tax per room/night (cost can be split between 3 people)

*All rates include breakfast.

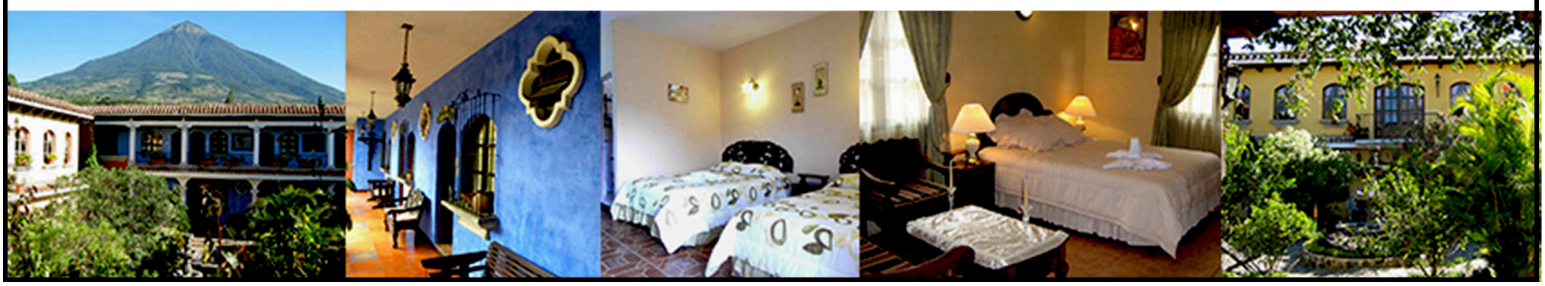
Hostal Doña Isabel

www.facebook.com/hostaldonaisabel

Located a few minutes outside of Antigua.

SINGLES, DOUBLES, TRIPLES, AND 4-6 PERSON BUNGALOWS AVAILABLE: $60 per person/night.

*All rates include tax, breakfast, and dinner.



Team Schedule

Friday/Saturday: Arrival
Team flies into Guatemala City and is met by Casa Angelina staff. Team is taken to their hotel in Antigua, approximately a 1-2 hour drive depending on traffic.

Sunday: Free Day
Sightseeing and shopping in Antigua (as desired and organized by your team)

Monday: Orientation Day (mandatory attendance for all team members)
8:45am Bus will be at the hotel and ready to leave by 9:00am
10:00am Welcome, orientation, rules, and tour at Casa Angelina
1:00pm Lunch provided at the orphanage
2:00pm Visit the widows in the village
4:30pm Bus will leave Casa Angelina to take the team back to the hotel
NOTE: Specific time is allotted each day Mon-Fri to play with the kids

Tuesday - Friday: Work Days
7:45am Bus will be at the hotel and ready to leave by 8:00am
9:00am Daily devotion and instructions
10:00am Work begins
1:00pm Lunch provided at the orphanage
2:00pm Work resumes
4:00pm Tools put away and work area cleaned up
4:30pm Bus will leave Casa Angelina to take the team back to the hotel
On Friday, the bus will leave at 4pm due to heavy traffic that day

Saturday: Departure
Bus will pick up the team depending on departure flight time and take the team to the airport. If your team has an early-morning flight on Saturday, contact the Team Coordinator about arranging a Friday night hotel stay in Guatemala City.

Travel Tips

- Notify your bank and/or credit card company of your trip abroad. If bringing US dollars, make sure they are crisp bills without any rips.
- Pack any prescription medications in your carry-on luggage to ensure their arrival in Guatemala.
- Bring snacks (e.g., granola bars) and first aid items (e.g., ibuprofen, diarrhea medicine, muscle ache remedy).
- Use bottled water for drinking and brushing your teeth.
- Eat well-cooked foods and fruits/vegetables that can be peeled. Please do not eat street food.
- Do not wear matching t-shirts while shopping. Vendors will identify you as tourists and increase their prices.
- Leave all costly jewelry or personal items at home. While in the marketplaces, keep your wallet or purse secure.
- We suggest you keep your passport in your hotel safe and carry a photocopy of it with you while in Guatemala.

Casa Angelina Team Trip Rules

EACH TEAM MEMBER MUST READ THESE RULES THOROUGHLY AND SIGN THE RELEASE FORM FOUND ONLINE AT HTTP://WHATMATTERSMM.ORG/GO OR ON PAGE 7.

1. Please remember that these children have suffered from both physical and sexual abuse. They may be inappropriately affectionate with you, and you will need to limit physical touch. Please be aware of excessive hugging, holding, and touching, and discourage it.
2. Due to health reasons, please DO NOT bring candy to share with the Casa Angelina children.
3. Please DO NOT enter any of the orphanage houses unless under the direction of a team project. Under these work circumstances, always knock before entering as these are the homes of the children and house parents.
4. Always work under the direction of your team project leader. There is not permission to work independently from your assigned team.
5. Please do not individually offer gratuities to the staff of Casa Angelina. A volunteer donation will be taken up the final day for the CA staff and distributed by the directors. Thank you for your generosity!
6. NEVER distribute items or gifts to the nearby village children while riding in a bus or other vehicle. Please walk through the village and distribute these items. In the past, distributing items from the bus has put the children in risk of being hurt or run over.
7. Please dress appropriately for the workday (see page 3). Please be respectful of the culture when considering your attire.
8. Please wear sunscreen each day and bring water and protective gear (hats, light jackets) to the worksite with you.
9. ALWAYS travel in pairs when walking through Antigua, especially at night.
10. Please be advised that we cannot let people from the village enter at anytime unless specifically authorized.

Release Form

Each team member must submit a release form at least 3 weeks before the trip. Children under the age of 18 must have a parent or legal guardian sign as well. We prefer team members fill out the release forms online at http://whatmattersmm.org/go, but you may also send copies via email, mail, or fax.

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"I, _____ have read and fully understand the Casa Angelina Team Trip Rules on page 6. I agree to fully obey these rules and any further direction from the staff members of Casa Angelina and/or What Matters Ministries and Missions. By signing below, I also acknowledge I have read the Health Standards and meet the necessary requirements. I release Casa Angelina, What Matters Ministries and Missions, Ivan Tait, and staff from being liable for any accident, injury, sickness or theft of personal property during my stay in Guatemala."

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Team Member Signature _____ Date _____

Parent/Guardian Signature (if under 18 years) _____ Date _____

Team Member Email _____ Phone Number _____

Address _____

City, State, Zip _____

Emergency Contact _____ Phone Number _____

Church/Organization _____ Team Leader _____

Casa Angelina

TURNING ORPHANS INTO ROYALTY

Interested in a Trip?

CONTACT OUR TEAM COORDINATOR

trips@whatmattersmm.org
Office: (719) 495-9494
Fax: (719) 495-9434

What Matters Ministries & Missions
PO Box 62820
Colorado Springs, CO 80962

Living the Heart of God